

CROSS BAR LINE



PROFESSIONAL OUTDOOR FITNESS EQUIPMENTS



2024



NEW YORK
Vintage Co.
FRESH DENIM CITY
HAND CRAFT

You can end a price war and get more margin in outdoor fitness market!

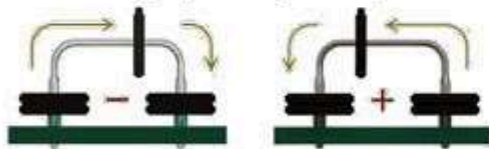


Materials and Technical Specifications:

- This equipment is mainly made of high grade carbon steel.
- The main tube is 150*100mm and thickness is 3.00mm..
- The equipment is coated with special zinc layer firstly and external color powder to make it weather resistance.
- The load disks are with plastic composite coating.
- The cross bar which store the disks is coated with special wear-resisting powder.
- The seat is made of steel.
- The handles are made of durable polymer.
- Base cover is strong and anti-theft due to ABS material.
- All the screws are with anti-theft stainless or ABS cover.
- Maintenance free bearings are manufactured by reputed company duly oil sealed and self lubricated.
- Fully UV resistant.
- The shaft is made of 45# steel, ϕ 30
- You can choose the loading weight disks: 5kg and 2.5kg

Why is this a good chance?

- √ Fill in the market vacancy of professional outdoor gym.
- √ Patent design and fewer competitors..
- √ EN16630 standard, safe for using..
- √ Control a tender with the special items.
- √ Good reliability by testing for 2 years in the market.



Patent design For adjusting the Loading weight



Shading, solar pannel and light are optional.



Double Side

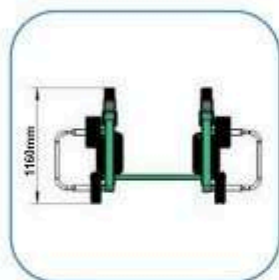
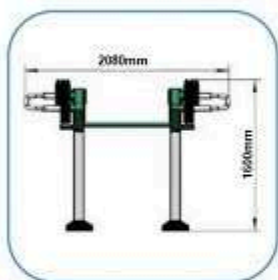


Single Side



The test procedure developed by TÜV SÜD is based on the ASTM F3101 USA standard.

PF Squat-TXJLL001

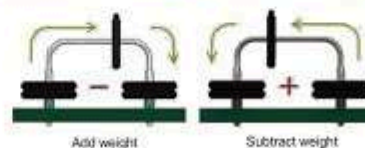


Squat

1. Functions:

Work out the muscles of abdomen and legs by squat and lift.

2. Load change layout; patented design.



3. Technical Data

Name: Squat

Code: PF Squat-TXJLL001

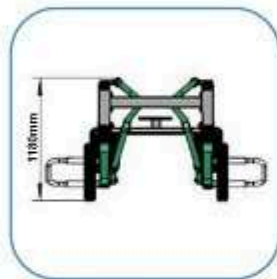
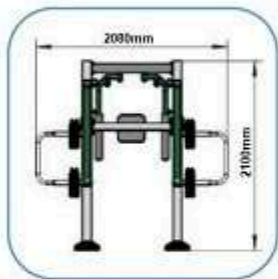
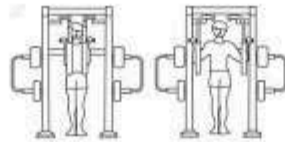
Size (mm): 2080X1160X1600

Net Weight: 130kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your back to the equipment, feet shoulder width apart. Grip the handles and squat under the bar, placing it on the trapezius muscle.
- 3) Slightly bend back and move the pelvis forward, straighten your legs.
- 4) Slowly bend your knees and squat down. Return to original position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Pec Fly-TXJLL002

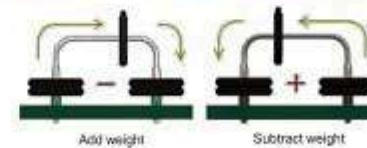


Pec fly

1. Functions:

Work out the pectoralis and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Pec fly

Code: PF Pec Fly-TXJLL002

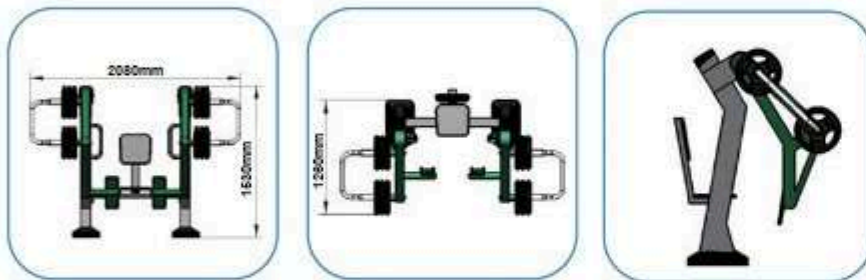
Size (mm): 2080X1180X2100

Net Weight: 230kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your back against the support board, feet shoulder width apart.
- 3) Grip the handles and keep your arms against the outside the rubber bars. Slightly move your arms toward the middle as much as possible.
- 4) Slowly bend your knees and squat down. Return to original position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Leg Extension-TXJLL003

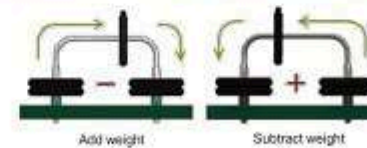


Leg extension

1. Functions:

Mainly work out the muscles of legs.

2. Load change layout; patented design.



3. Technical Data

Name: Leg extension

Code: PF Leg Extension-TXJLL003

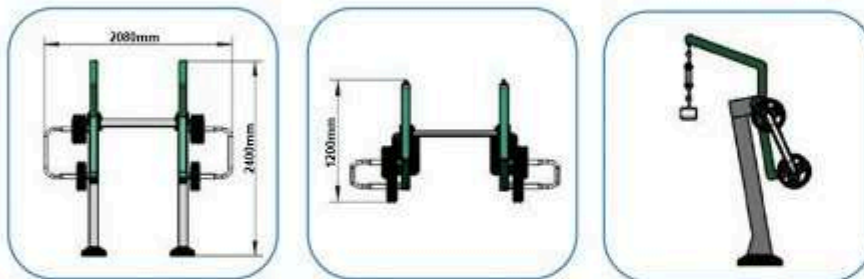
Size (mm): 2080X1260X1530

Net Weight: 150kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Sit steadily on the seat and put your feet on the footrest.
- 3) Grip the handles; slowly straighten your legs as much as possible.
- 4) Smoothly return your legs to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Pull Down-TXJLL004

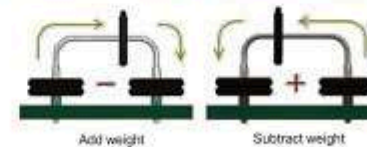


Pull down

1. Functions:

Mainly exercise abdomen and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Pull down

Code: PF Pull Down-TXJLL004

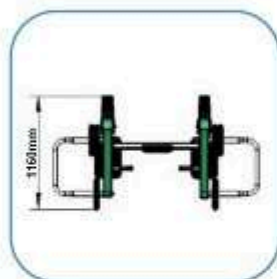
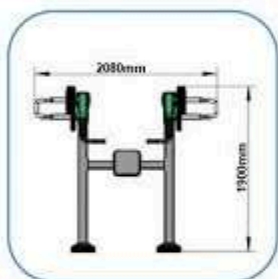
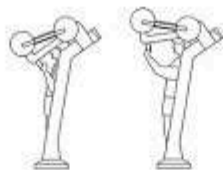
Size (mm): 2080X1200X2400

Net Weight: 160kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your front to the equipment, feet shoulder width apart.
- 3) Grip the handles and bend your waist slowly as much as possible.
- 4) Smoothly straighten your body and return to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Push UP-TXJLL005

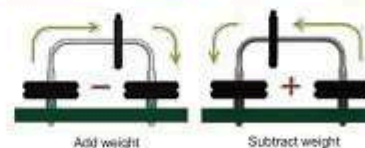


Push up

1. Functions:

Mainly exercise pectoralis and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Push up

Code: PF Push UP-TXJLL005

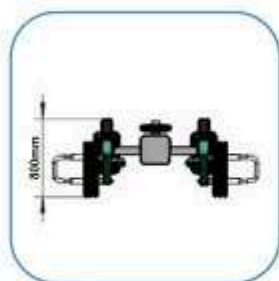
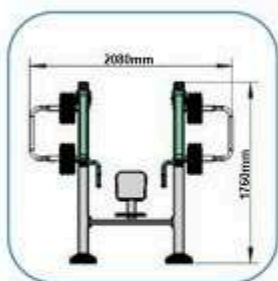
Size (mm): 2080X1160X1900

Net Weight: 165kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your back against the support board, feet shoulder width apart.
- 3) Grip the handles and push up and forward with straightening your arms.
- 4) Smoothly return your arms to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Chest Press-TXJLL006

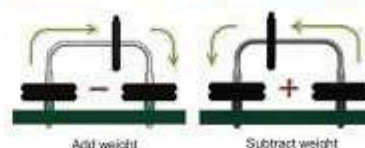


Chest press

1. Functions:

Mainly work out the pectoralis and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Chest press

Code: PF Chest Press-TXJLL006

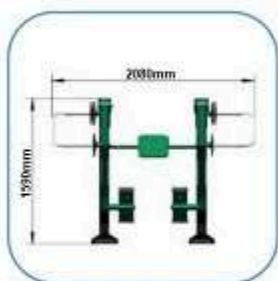
Size (mm): 2080X800X1760

Net Weight: 170kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Sit steadily on the seat.
- 3) Grip the handles and push forward with straightening your arms as much as possible.
- 4) Smoothly return your arms to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Rear Kick-TXJLL007

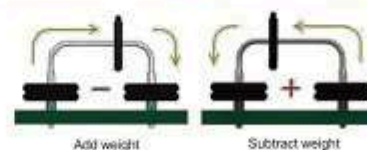


Rear Kick

1. Functions:

Work out the muscles of legs by raising leg backward.

2. Load change layout; patented design.



3. Technical Data

Name: Rear Kick

Code: PF Rear Kick-TXJLL007

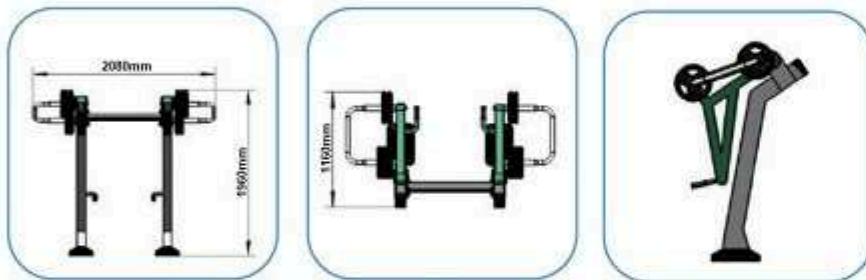
Size (mm): 2080X1160X1590

Net Weight: 155kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your front to the equipment, feet shoulder width apart. Grip the rail and put your calf against the lower roller.
- 3) Smoothly push your leg back or bend your knees as much as possible.
- 4) Slowly return your leg to the starting position.
- 5) Alternate your legs. Perform the exercises in 4 sets of 10 repetition.

PF Pull Up-TXJLL008

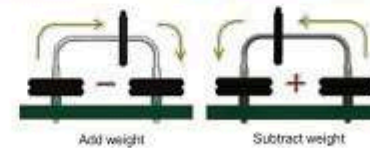


Pull up

1. Functions:

Mainly exercise pectoralis and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Pull up

Code: PF Pull Up-TXJLL008

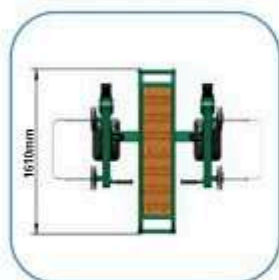
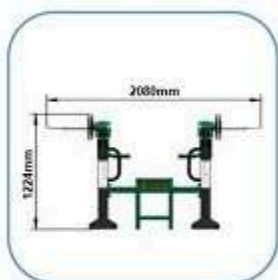
Size (mm): 2080X1160X1960

Net Weight: 150kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Stand with your front to the equipment, feet shoulder width apart.
- 3) Grip the handles, slowly lift up as much as possible.
- 4) Smoothly return your arms to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

PF Bench Lift-TXJLL009

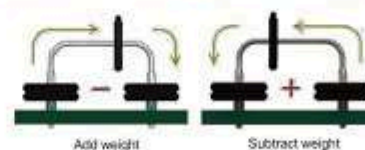


Bench lift

1. Functions:

Mainly exercise pectoralis and biceps.

2. Load change layout; patented design.



3. Technical Data

Name: Bench lift

Code: PF Bench Lift-TXJLL009

Size (mm): 2080X1610X1224

Net Weight: 160kgs

4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Lay steadily on the bench.
- 3) Grip the handles and push up forward with straightening your arms as much as possible.
- 4) Smoothly return your arms to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.

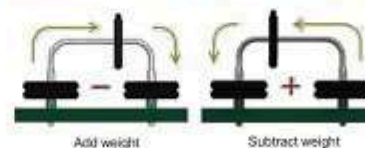
PF Rowing-TXJLL010

Rowing

1. Functions:

Mainly exercise arms, shoulders, chest, back and abdomen.

2. Load change layout; patented design.



3. Technical Data

Name: Rowing

Code: PF Rowing-TXJLL010

Size (mm): 2080X1770X1045

Net Weight: 150kgs

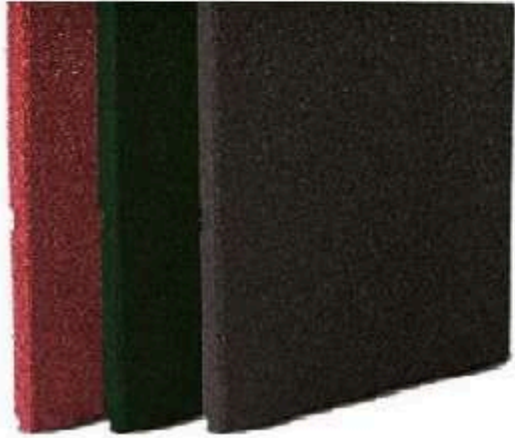
4. Use Instructions

- 1) Adjust the weight on both sides based on your own need.
- 2) Sit steadily on seat with feet on footrests.
- 3) Pull and push the handles like rowing a boat..
- 4) Smoothly return your arms to the starting position.
- 5) Perform the exercises in 4 sets of 10 repetitions.



Rubber Floor

Rubber Floor



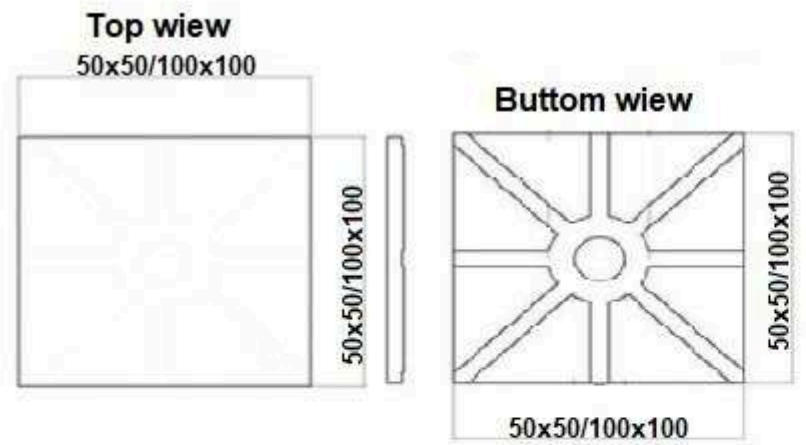
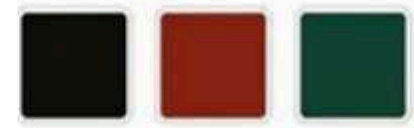
Technical Data

MODULAR RUBBER SBR (Styrene Butadiene Rubber) Synthetic rubber with wide application area manufactured from recycled products/raw materials. We are also offering 3 different color options for SBR products. The product comes with options of thickness between 1,5 cm to 5 cm and shapes of tile, hexagon, puzzle and keystone.

Thickness

- 1,5cm
- 2cm
- 3cm
- 4cm
- 5cm

Color Options





PROFESSIONAL OUTDOOR FITNESS EQUIPMENTS



M : +448082710534

WWW.PARKWORLDEU.COM
INFO@PARKWORLDEU.COM

**71 - 75 SHELTON STREET,
COVENT GARDEN LONDON
UNITED KINGDOM WC2H 9JQ**